



Magnetic Objects

From "Montessori-Based Activities for Persons with Dementia, Volume 2"

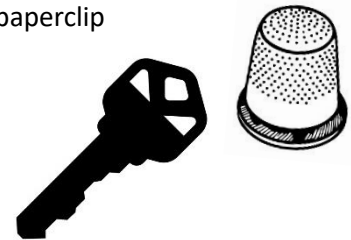
©2018 Cameron J. Camp III & Associates, LLC

Activities such as this one are designed to enhance restorative nursing and rehabilitation programs by enabling residents and staff to become more engaged and interested in participating, and can also be implemented readily in homes and other settings.

Purpose: Exercise range of motion; Enhance fine and gross motor skills; Practice use of tools

MATERIALS

- A tray
- Two to three pounds of uncooked rice
- A 4" to 6" deep plastic storage container to hold the rice
- A magnetic wand (attach a magnet to a stick or purchase one at a teaching supply store)
- An uncoated metal paperclip
- A thimble
- A key
- A metal button



ATTENTION: Please be cautious and supervise the participant's use of the objects since they may pose a choking hazard if a participant tries to put the objects into the mouth.

SETUP

1. Pour the rice into the container so that it is at least an inch deep.
2. Hide the paperclip, thimble, key and metal button in the rice.
3. Set the pan on the tray.
4. Place the tray in front of the participant.
5. Lay the magnetic wand next to the tray.

INSTRUCTIONS

1. Pick up the magnetic wand.
2. Demonstrate how to move the wand about a half an inch over the rice.
3. Continue to wave the wand until one of the magnetic objects surfaces to the top of the rice.
4. Extract the magnetic object and set it next to the tray.
5. Give the wand to the participant.
6. Encourage the participant to try to find the rest of the objects.
7. After the rest of the objects have been found, tell the participant that you want to put the objects back in the rice.
8. Demonstrate by taking the wand and picking up one of the objects.
9. Use your other hand to pull off the magnetic object and drop it on top of the rice.
10. Use your index finger to push the object into the rice so that it is hidden.
11. Hand the wand back to the participant.
12. Ask the participant to hide the rest of the items in the rice by following steps 8-10.

