

# After the Pandemic

## What We Know:



- Obstacles are opportunities for growth.
- Our communities will be forever changed

## What We Have Learned



- Our reach is much further than we ever thought
- Better communication skills
- Technology is imperative
- A whole new level of person centered care

## What to Expect as we reconnect



- Increased screening, masks
- Scheduled, distanced visits to continue for some time
- Cognitive and physical changes in your loved one
- Staff engagement on a whole new level

## How to Prepare for "After"



- Take it slow – anxiety for you and your loved one
- Be patient

## Moving In:



- Learn about the community
- Follow on social, website
- Read online reviews

## Care at Home:



- Create engagement kits
- Make a daily schedule
- Include them in your "doing"
- Determine their strengths
- Prepare your environment – cognitive ramps

