## Treevall ${ }^{T M}$ Word Game - Food Combos

## Game Contents

- This set includes 10 unique game boards.
- Each board reveals eight out of total of eighteen (18) food names.
- Also included in this set are 18 cards with clues and answers.
- On the front of each card is the first part of a familiar food combination, e.g., "Macaroni and..." (the "CLUE").
- On the back of the card is the second part of the food combination, e.g., "Cheese" (the "ANSWER"), along with fun and interesting food facts and questions for discussion.

IMPORTANT: This set does not include materials to cover responses as they are called. We recommend finding some volunteers to help cut 3" x 5" black (or other dark solid color) cardboard squares to use for this purpose. Eighty (80) "blackout squares" are needed.

## Game Setup

To begin, the leader (or "caller"):

1. Invites participants to sit at a table to play the Treevall ${ }^{\text {TM }}$ Word Game,
2. Distributes one game board and eight blackout squares to each player,
3. Shuffles the deck of game cards.

IMPORTANT: Another goal is to let participants help as much as possible, so try to enable them to distribute game boards and blackout squares to each other. Eventually, work with a helper to enable that person to become the game leader, with you providing assistance as needed.
Game Play

1. (Leader) Select a card while keeping the other cards out of sight of the players. Say,
"I'm going to read the first part of a familiar food combination. Then you call out the second part of the food combination. If you have on your board the food that is called, cover it with a square. The first player to cover all of the food names on their board wins the game."
2. Read aloud the clue, which is printed on the face of the card. Show the card to the group and repeat the clue as necessary until the response is given. (Be sure to keep the response on the back of the card covered.) Once the response is called, repeat it loudly enough for everyone at the table to hear.
3. Say, "If you have [ANSWER] on your board, cover it up." Allow time for everyone to check their board and cover the response if they have it.
4. Read the fun facts and discussion questions printed on the response side of the card. Allow plenty of time for discussion. Keep in mind, the purpose of the game is to engage and learn more about each other.
5. Select the next card and repeat steps $2-4$ until there is a winner, or until the players decide to conclude the game.

## Extension

After the participants are finished with the game round, have them remove the squares from their boards. Going around the table, ask each player to pick the most delicious food combination from among the items on their board, e.g., "Fries and Gravy." Then ask each player to select the worst food combination, e.g., "Onions and Jelly." Be sure to allow plenty of time for discussion!

Visit www.cen4ard.com for latest instructional videos, activities, and helpful resources from the Center for Applied Research in Dementia. ENJOY!

Center for Applied Research in Dementia<br>Creating effective memory interventions $\otimes_{\circledR}$

